

ULTHERAPY® FREQUENTLY ASKED QUESTIONS

WHO IS A GOOD CANDIDATE FOR ULTHERAPY?

A good candidate for Ultherapy is someone with skin that has “relaxed” to the point of looking, and often feeling, less firm. A lowered eyebrow line or sagging skin on the eyelids, for instance, is often the first sign of “maturing” skin. Typically, those in their thirties and older who have mild to moderate skin laxity are candidates.

While Ultherapy is not a replacement for a surgical face lift, there are many people who want some lifting but are not ready for surgery. There are also younger people who want to “stay ahead of the game” as well as those looking to prolong the effects of cosmetic surgery.

HOW LONG DOES THE ULTRASOUND TREATMENT TAKE?

A full face treatment takes 45 to 60 minutes; a brow lift treatment can take around 30 minutes. Neither area of treatment has any downtime.

WHAT PROBLEM AREAS DOES ULTHERAPY TARGET? WHAT KIND OF RESULTS DO YOU GET?

Ultherapy addresses mild to moderate loose or sagging skin. Specifically, by reconditioning and renewing the skin from within, Ultherapy will lift the brow, which in turn reduces excess skin on the lids, opens up the eyes, and gives a more refreshed look overall.

HOW LONG UNTIL I SEE RESULTS?

Patients may enjoy some initial effect but the ultimate lifting and toning will take place over 2-3 months, as tired collagen is replaced with new, more elastic collagen. As this collagen-building process continues, further improvements can appear up to 6 months following a procedure.

HOW LONG DO RESULTS LAST?

Patients treated with Ultherapy still have fresh, young collagen after a year’s time following the procedure. But skin continues to age, and future touch-up treatments can help keep pace with the aging process, which varies by individual.

WILL I NEED MORE THAN ONE TREATMENT?

The majority of patients only need one treatment; however, some may benefit from more than one treatment. This depends on how much laxity they have and their body’s own biological response to the ultrasound and collagen-building process. (*Continue on back*)



IS THERE ANY DOWNTIME?

Ultherapy is an entirely non-invasive procedure and as such, there is no downtime. You are able to return to your normal activities right away, and there are no special measures you need to take.

WILL I FEEL THE ULTRASOUND DURING THE TREATMENT?

Yes. What you are feeling during the treatment is actually tiny amounts of focused ultrasound energy being deposited below the surface of the skin.

WHAT DOES IT FEEL LIKE?

Patients have noted there can be some discomfort while the ultrasound energy is being delivered, but it is temporary and a positive signal that the collagen-building process has been initiated.

One of our physicians will consult with you prior to your skin treatment to make your experience as pleasant as possible. Patients typically leave comfortable and excited about the benefits to come!

ARE THERE ANY SIDE EFFECTS?

There may be slight redness for up to an hour or so following the treatment, and a small percentage of patients may have slight swelling, tingling, or tenderness to touch, but these are mild and temporary in nature. There is always the possibility for other less common post-procedural effects, which your practitioner will review with you.